



Cletwr newsletter

Spring 2015

Siop Cynfelyn is a community-run project that provides a range of services at the Cletwr site, Tre'r-ddôl

We got it!

Big Lottery Award for Siop Cynfelyn

We are proud to announce that Cwmni Cymunedol Cletwr has been awarded a Big Lottery 'People and Places' grant of £497,000. This means that the community enterprise can now buy the Cletwr services site in Tre'r-ddôl, and then must raise additional money to re-develop and landscape the site.

Ceredigion Council have granted planning permission for the new development, described as a 'gateway building' to North Ceredigion. The new Cletwr has been designed to be both attractive and efficient to run, on sustainable principles. Architects Tomos & George of Machynlleth produced the designs after a process of discussion and consultation during 2013-14.

Cletwr moves on - open meeting

Everyone is invited to come to an open meeting, 4.00pm on May 24th in Llanfach, Taliesin to hear more about the Lottery Award and the plans for the Cletwr.

"The success of the Lottery application is because of all the work that has gone into the Siop Cynfelyn pilot project, since it opened in May 2013", says Shelagh Hourahane, Chair of the Board of Directors. "Getting this award isn't down to filling in forms correctly, it is because we have a project that staff, volunteers and all our customers have proved is a good one, and one that is supported by the community. We are not trying to compete with other business in the area, but we are developing a unique community hub that provides a range of social, cultural and economic services in conjunction with a shop and cafe".

Message from a happy customer

In the month of the shop's second birthday, one of our most regular customers sent us a lovely message: "losing our village shop some years ago was, to many members of the community, a huge loss. We depended so much on being able to nip and buy provisions. So, when the shop closed abruptly it caused much hardship to many.

Then, two years ago, the shop and cafe opened again, and is being run by volunteers, who are excellent, and very sociable.

The provisions, and food also in the cafe, are really first class, and have proved and are still proving, to be a God-send to the people of the village and surrounding areas."

Thank you to Laura Smith for this, and to all the loyal customers and volunteers who are working with us to strengthen our community.



Much-valued regulars: customer Laura Smith, with Martin Davis and Siân Saunders, shop and cafe volunteers who also donate their professional translation skills; and the man behind the camera is photographer Anthony Jarrett, who also gives his professional expertise voluntarily.

A unique community hub

It's very cheering to find that Siop Cynfelyn is working well as a hub, assisting groups who have good ideas for local benefit. Especially valuable work is being done by the Llangynfelyn Defibrillator Support Group, who have successfully raised funds to install two defibrillators, and are now aiming for a third. Number one is mounted on the wall of the garage by the Rehoboth Chapel in Taliesin. Number two is mounted beside the front door of Siop Cynfelyn. Do commit the locations to memory in case you ever need to use one for an emergency. For those who want to know how, the Cletwr is helping the Support Group in their work by organising free training sessions with the British Heart Foundation. So far, almost forty local people have trained to do CPR and to operate a defibrillator. The difference that these simple skills can make in an emergency is truly enormous. The Shop can give you news of upcoming sessions. If you are interested, email cletwr@cletwr, or leave your name and number in the shop and we'll contact you.

Keeping Cosy

Join the fuel syndicate and take advantage of a discount on heating oil! We will be ordering oil every 3 months, and we'll e-mail or phone you each time to see if you want to join in with that order. Our pilot order saved every household between £22 - £48: a total saving of over £332 for those who participated in Llangynfelyn. Next time, Furnace Eglwysfach and Talybont are welcome to join too. Innes Heron is the man to contact for more information, cosy@cletwr.com, or leave a message for him at the Shop. Upcoming order dates: **29/07/15; 28/10/15**

There's loads going on at Siop Cynfelyn this summer!

Community Activities and Learning Coordinators Lowri and Gwilym have been drawing together local energy and talent for a varied programme of classes, talks, walks and events. Hopefully there's something here to please everyone. Fancy signing up for a walk along the Cletwr river to hear the dawn chorus with an expert guide? or maybe you'll be tempted by an afternoon walk exploring Cors Fochno for rare plants. Something musical - an intimate concert with the wonderful Kate Doubleday? or how about something mythological? if you are intrigued by a crash course on the *Mabinogion*, there's one in June. And lot's more: see the list of confirmed dates below.

More to look at in the Cwtch

Do have a look around the Cwtch gallery when you drop in - Sue Colbeck has been doing a fine job organising the eye-catching exhibitions voluntarily. Visitors were very appreciative of Ruth Jên Evans's work in March, and Flic Eden's in April and May, and have happily taken the opportunity to buy pictures. Pete Condron is showing in June and July; and in August we will feature again in the Ceredigion Art Trail. If you are a local artist who would like to display work in the Cwtch, email Sue at cletwr@cletwr.com

Connecting with memory and nature

Do you have memories of childhood in Llangynfelyn that you would like to share? Grwp Intergen Group workshops will bring together older and younger members of our community to share, collect and record stories and memories in a variety of creative ways, including using the cameras, mini-movies and voice-recording on your mobile phones. Local artist Jenny Fell will be facilitating the group and following your lead, helping you to bring your ideas to fruition for an exhibition and a presentation for all the community to enjoy today, and for future generations!

Jenny will also be helping young 'Nature Detectives' to make the most of the Nature Reserve on our doorstep. She will be devising a series of projects for summer weekends, not only investigating the flora and fauna but also getting arty crafty with Cwm Clettwr as inspiration. This will be for children aged 5-11, with an adult.

To find out more, contact Jenny at cletwr@cletwr.com.

Follow us on facebook and twitter; if you join our mailing list we'll keep you up to date with what's happening.

There's lots to help you learn Welsh

Siop Cynfelyn's Welsh language lending library is really beginning to take shape. An £800 grant from 'Ras yr Iaith' & Cronfa Eleri has helped us to start building a fantastic range for anyone to borrow- just fill in the honesty book. Come and browse the ever-expanding range - there's a selection for learners too, and donations of Welsh language books are gratefully received. As well as coming to the Dal Ati coffee-morning chats for learners and fluent speakers, you'll soon be able to bring your little ones to a regular story-telling session, and pick up ideas of what to read with them at home. We couldn't provide all this for learners without Medi James's invaluable guidance and commitment.

Siop Cynfelyn Summer Events:

May 17: Twm Siôn Cati Day. Sunday 3pm - 5pm. An afternoon of entertainment for local school children with storyteller and Twm Siôn Cati enthusiast Dafydd Wyn Morgan.

June, July and August: Welsh film nights. *Dal Ati* coffee mornings every 3rd Saturday for Welsh learners and fluent speakers; Welsh film nights for learners (subtitled), with a sgwrs and a panad.

June 24-15 July: The Four Branches of the Mabinogi. Wednesday 7.30pm - 9pm. An evening class with Dr Gwilym Morus-Baird exploring the ancient Welsh myths of the Mabinogi. Please book in advance. £30 for 4 sessions. See welshmythology.com.

August: Siop Cynfelyn will be hosting a series of guided walks around the locality, including along the Cletwr river, up into the hills behind Tre'r-ddôl and down into Cors Fochno. Expert guides on local birds, plants, geology, local history and culture, creative writing, photography and mindfulness meditation.

August 8: Dyfi Biosphere Day at Siop Cynfelyn. Local produce stalls, displays and stands. Live music, a treasure hunt and guest speakers. Find out about the Dyfi Biosphere and what it means for the Siop Cynfelyn community.

August 14th: An evening of live music with the wonderful Kate Doubleday. See katedoubleday.com.

September: Evening classes in Creative Writing with Caroline Oakley and Mandala Painting with Anne Thomas. Watch this space for more information.

If you would like to suggest or even put on an event at Siop Cynfelyn, please get in touch: cletwr@cletwr.com

Opening Hours

	Shop
Sunday	8.30 - 16.00
Monday*	8.30 - 13.00
Tuesday-Saturday	8.30 - 18.30

	Cafe
Sunday	9.30 - 16.00
Monday*	10.00 - 12.00
Tuesday-Friday	10.00 - 17.00
Saturday	9.30 - 17.00

*Opening Hours – Mondays in August and Bank Holidays, shop open until 6.30, cafe until 5.00pm



We can do home deliveries:
Contact the shop 01970 832 113; cletwr@cletwr.com

For more information on anything contained in this newsletter please log on to

www.cletwr.com